C5 Ward Onward: Trauma Patient Care Pathways



Discharge destination pathways are determined based on a series of criteria including medical, cognitive, and physical requirements. Here is an overview of the discharge pathways that may be considered. Discharge planning is always done collaboratively with patients, families, and care teams.



PATHWAY 1:

Home, with or without supports



Medically stable



Patient and home safety assessed to make sure recovery can be managed in home setting





Activities of daily living assessed and addressed

(i.e. safety and mobility on flat surfaces and stairs assessed, equipment recommendations made)





Supports available

(i.e. through publicly-funded homecare, MVC insurance, WSIB, or other resources)







PATHWAY 2:

Inpatient Rehabilitation



Will be discharged home after completing rehab









Types of rehabilitation include:

Musculoskeletal Injury (low intensity, long duration)



• Physical requirements: able to participate in daily therapy sessions, recovery goals achievable in a less intense long-term program

Musculoskeletal Injury (high intensity, short duration)

- Cognitive requirements: information carryover, has some insight
- Physical requirements: able to participate in multiple daily therapy sessions, recovery goals achievable in an intense short-term program



- Cognitive requirements: information carryover, has some insight, Rancho level 5, no observer needed for highrisk behaviours
- Physical requirements: able to tolerate 30-45 minute therapy sessions

Spinal Cord Injury

- Cognitive requirements: information carryover, has some insight
- Physical requirements: able to tolerate sitting in a chair for 1 hour

Pediatric

 Patients under age 18 and attending school





PATHWAY 3: **Repatriation to Local Hospital**



No longer receiving medical care unique to Sunnybrook



Residing outside of Sunnybrook catchment area



Not medically stable for a location outside of a hospital







PATHWAY 4:

Transitional Care Unit

Medically







Residing in Sunnybrook catchment area







Requires ongoing support prior to returning home or to another setting





Not yet ready for rehabilitation







